

# Keep calm and party on

Beauty emergencies are a nightmare at any time but throw in a hangover, closed shops and yet another party and you're faced with a full-blown crisis. But help is at hand.. By Emma Robertson

## Crisis 1: Sweat patches

**Emergency help:** A sexy party dress is no place for sweat marks. Beauty expert Georgina Louise says: "If you're nervous about your pits, then panty liners double as an underarm perspiration shield between you and your clothes. Cut one in half and pop it sticky side down inside each sleeve."  
**Damage prevention:** Arm yourself with a deodorant that has white mark protection to prevent chalky tidelines spoiling your LBD as well.  
**Try:** Nivea Invisible for Black & White Deodorant, £3.22, in stores nationwide.



## Crisis 2: Streaky tan application

**Emergency help:** When the clock's ticking, use cotton wool dunked in lemon and lime juice to start over. "The fruit acids work like a non-scratch exfoliant to lighten any Tango-style tannage," says tanning guru James Read. "For the face, steam your head over hot water, then wipe off any excess with a flannel."  
**Damage prevention:** If you need to tan in a hurry use a wash-off bronzer instead so you can fix mistakes straight away.  
**Try:** ModelCo One Night Tan mousse, £24, Boots.



## Crisis 3: Static hair

**Emergency help:** "Winter is the worst season for static hair as there's less humidity in the air," explains X Factor stylist Jamie Stevens. "To bring it back to earth, rub a laundry dryer sheet over your hairbrush before using. Its residue tames static-charged strands in the same way it does clingy clothes in a tumble dryer."  
**Damage prevention:** Leaving your conditioner on for a few minutes before rinsing lets it absorb further into the hair shaft to top up moisture levels.  
**Try:** Charles Worthington Moisture Seal Conditioner, £5.19, Boots.



## Crisis 4: Greasy hair

**Emergency help:** Has a styling product overdose left your mane attraction looking depressed? Award-winning hairdresser Ken Pickett says: "Rub antibacterial gel over your hands then rake your fingers through the hair before you brush and blast it dry. The high alcohol content dissolves build-up in case of a one-off emergency."  
**Damage prevention:** Use a dry shampoo to boost hair miles between blow-dries.  
**Try:** Batiste Dry Shampoo, £3.99, www.superdrug.com.



## Crisis 5: Stained fingernails

**Emergency help:** Hands up if you've cut corners on a base coat and now your nails have turned, or, yellow? "Nails absorb stains just like clothes," warns celeb manicurist Marian Newman. "Wait six months for them to grow or use an old toothbrush with whitening toothpaste to give them a fast pre-party makeover."  
**Damage prevention:** A base coat is non-negotiable for colour addicts. But sheer shades can also stain when exposed to the sun – even in winter.  
**Try:** Sally Hansen Insta-Grip Base Coat, £6.07, www.sallyhansen.co.uk.



## Crisis 6: Hangover tired skin

**Emergency help:** Every party animal keeps a bottle of Pepto-Bismol on standby for tummy trouble during the festive season, but it's a great skin pick-me-up, too. Facial expert Sarah Chapman says: "It contains salicylic acid, which is often found in top skincare products to shift dead cells and detox partyed-out pores. Apply as a five-minute face mask then rinse off to get glowing."  
**Damage prevention:** Take a herbal liver support supplement with vitamin C before a night of fun to reduce the side-effects of one drink too many.  
**Try:** Functionalab Gamma Drops, £30, www.functionalab.co.uk.



## Crisis 7: Ladders in your tights

**Emergency help:** One false move is all it takes to snag your tights. But before you bin them, try this trick from Liz Hurley's go-to beauty pro Nichola Joss. "If the rip is hidden, then use clear nail polish to stop it running any further," she says. "Dab it all around the edges to seal the hole or snag and let it dry."  
**Damage prevention:** Swap the hassle of high maintenance stockings and dare to bare instead. Try fake tan for sun-kissed, ladder-free legs guaranteed.  
**Try:** Perfect Legs, £10, www.all-trageet.com.



## Crisis 8: Oil slick complexion

**Emergency help:** Don't let a shiny T-zone take centre stage in your Crimbo pictures. Cosmetics expert Paula Begoun says: "Apply a very light layer of Milk of Magnesia with cotton wool to open pore areas before putting on your foundation. The liquid absorbs oil and creates an even surface, which prevents your make-up slipping and making your skin look greasy."  
**Damage prevention:** Don't leave the house without wearing primer. It can be applied over foundation instead of cakey powders for on-the-run touch-ups, too.  
**Try:** Paula's Choice Shine Stopper, £19, www.paulaschoice.co.uk



## Crisis 9: Eyeshadow overspill

**Emergency help:** Got off to a shaky start with your glittery Christmas eyeshadow? Clean up your act with this tip from Faeame Cotton's make-up artist Justine Jenkins. She says: "Carefully dab a piece of sticky tape over your cheeks to lift off any stray sparkles, without rubbing off the rest of your make-up."  
**Damage prevention:** If you've not got the patience for loose glitter, then a sparkly gel liner has the same festive effect, minus the mess.  
**Try:** Collection 2000 Glam Crystals Dazzling Gel Liner, £2.99, Boots.



## Crisis 10: Blemish breakouts

**Emergency help:** A-list facial expert Sarah Chapman gives her celebrity clients this cool tip whenever a pesky spot strikes at the worst possible time. She says: "Wrap an ice cube inside a thin handkerchief then gently massage it over the blemish for 10-second intervals. Repeat the movement 10 times. It calms swelling and reduces redness, too."  
**Damage prevention:** To turn a mountain into a molehill, look for treatments with 2% salicylic acid plus concealer for on-the-spot camouflage.  
**Try:** Garnier Pure Active 2-in-1 Tinted Roll-on, £7.49, in stores nationwide.

