

# THE BUZZ

Notes from the beauty desk



Cat Deeley

Silk Bloom Restorative Treatment, £39.50, Shu Uemura Art of Hair (0800 633 5021)



## Pro-in-the-know tip

Blondes, think twice about using hair oils! They can give champagne-coloured tresses a dark golden glint, warns Leanne Galvin, senior colour director at Neil Cornelius 1st Floor, who's worked with Cat Deeley. "This is due to the slight colour in the oil and its build-up on hair," explains Galvin. "Instead, stick to clear products. For damaged hair, a mask will be enough - no need to load up on oils too." Try Shu Uemura Art of Hair's Silk Bloom Restorative Treatment, above.

## We're obsessing over...

La Petite Robe Noire eau de parfum, £60, by Guerlain (available nationwide). True to its name, this black-cherry-infused juice is the fragrance equivalent of an LBD - it works for any occasion. The almond, rose and black tea combo packs a serious flirtatious punch for a girls' night out.



## Bikini body secret

**Payday splurge** = Cowshed's Slender Cow three-step detoxifying, firming and skin-toning programme: Detoxifying Body Scrub, £34; Body Sculpting Serum, £36; and Extra Firming Body Butter, £28 (cowshedonline.com).  
**End-of-the-month treat** = Garnier's Bodytonic Hydrating Lotion Firming, £3.09, Garnier (available nationwide).



## Hair heroes you can't live without



**BEST FOR COLOURED HAIR**  
Biolage Colorcarethérapie Color Care Shine Shake spray, £14.25, Matrix (0800 387 608)



**BEST FOR FIGHTING FRIZZ** (it gets five stars from Nicky Minaj!)  
Smooth Cure Conditioner, £12.95, Joico (0845 071 2326)



**BEST FOR OVERSTYLED HAIR**  
Full Repair Perfect Ends Deep Infusion, £6.99, John Frieda (0845 070 8090)



**BEST FOR GOING SUPER STRAIGHT**  
Super Sleek Hair Straightening Treatment for Medium to Tight Curls, £36, Ojon (020 7730 1234)



**BEST FOR SHINY LOCKS**  
Magic Elixir, £25, Kiehl's (kiehls.co.uk)

## 3 ways to... wake up tired skin



Jessica Biel



Illuminating Perfecting Primer, £19, Estée Lauder (available nationwide)



Amanda Seyfried

Z Matrix Energy & Moisture Infusion, £85, Zelens (020 8740 2085)



Naomi Watts

Skinesis Instant Miracle Mask, £38 for four sachets and a shaker, Sarah Chapman (sarahchapman.net)



**1 Prime time** Fake a good night's sleep with Estée Lauder's Illuminating Perfecting Primer, above. It gives an instant sheen, à la Jessica Biel's, while the vitamin E counteracts the drying effects of any cocktails the night before.

**2 Bright idea** Amanda Seyfried always nails the fresh-faced look. Perk up your complexion with Zelens's Z Matrix, above - packed with peptides, antioxidants and minerals, it's like a can of Red Bull for lacklustre skin.

**3 Glow getter** Facialist Sarah Chapman, who works with Naomi Watts, has launched Skinesis Instant Miracle Mask, above, to mimic the glowing effects of her signature facial. Simply shake the powder with water and apply. ■