

HEALTH CLUB
Natural luminosity
at Giles A/W 12

TO DIY FOR
Enhanced sheen at
Ohne Titel A/W 12

REAL VS FAUX GLOW

A rosy, healthy radiance is a must for beautiful summer skin. Here's how to fake or make that bright, dewy look **BY KATY YOUNG**

THE LOWDOWN

The focus here is on getting your best skin possible by polishing, prepping and evening out, rather than battling wrinkles and lines. This is the secret to glowing skin.

THE LOWDOWN

What doesn't come naturally comes from radiance-faking bases, bronzers and primers. Remember, this glow-getting edit should be a glitter-free zone.

THE STARTING POINT

Even tone with Philosophy's Miracle Worker System, £55. Lighten with L'Occitane Brightening Essence, £35. Peel with Alpha-H Liquid Gold Pads, £34.75 (www.bathandunwind.com).

THE STARTING POINT

Because it looks like 'your skin, only better', we love Benefit's tinted moisturiser You Rebel, £23.50. To fake great skin, apply it with a brush - try Givenchy's Foundation Brush, £25.50.

THE BOOSTERS

Hydration is essential for a dewy glow. Try Clarins' HydraQuench Intensive Serum Bi-Phase, £40, or the extra-strong Estée Lauder Re-Nutriv Re-Creation Duo, £590. Layer them under Sarah Chapman's Instant Miracle Mask, £38.

THE EYE ESSENTIAL

Tighter eyes give an overall healthy effect; achieve this with Giorgio Armani Regenesse High Lift Eyes balm, £62.

THE BOOSTERS

For sheeny skin, blend base with Estée Lauder Illuminating Primer, £21.50. For a hazy halo effect, use Revlon PhotoReady Primer, £11.99. Or add glow over base with L'Oréal Lumi Magique Primer, £9.99, or Guerlain Météorites Powder, £37.

THE EYE ESSENTIAL

Line inner rims with beige, not white: Givenchy's creamy eyeshadow Ombre à Fleur de Peau in Nude, £23, gives a transforming but natural effect.

THE HERO PRODUCT

Olay Regenerist Wrinkle Relaxing Complex, £29.99, goes on bare or made-up skin as a modern-day 'stocking over lens' complexion perfecter.

THE HERO PRODUCT

MAC Prep + Prime Skin Smoother, £21.50, is your faux-glow essential. It can touch up and blur imperfections and pores instantly - it's plump, healthy skin in a compact.

Clarins
Gloss
Prodige,
£15.50

Tom Ford
Nail Lacquer
in Burnished
Rouge, £25
(0870 034
2566)

YSL Manicure Couture in No 8, £28
(set of two polishes)

Guerlain
Terracotta
Moisturising
Gloss in
Porto
Ercole, £21

Lancôme
Vernis
in Love in
Chocolat
Morduré,
£12

THE UPDATE SUMMER DARKS

Forget what you know about hot-weather colours, because dark wintry shades are big this summer. At Donna Karan, Lanvin and Dolce & Gabbana, rich reds, deep purples and glossy chocolates created a glamorous holiday palette for eyes, lips, cheeks and nails.

NARS Soft Touch Shadow
Pencil in Calabria, £17