

# BEAUTY NOTEBOOK.

by Kate Shapland



## 1 FLORIS 280

A limited edition to celebrate 280 years of Floris, this is a floral oriental. Built around a heart of precious iris, with neroli, ylang ylang, a top note of bergamot, black pepper, violet and clove, and a musk, sandalwood and vanilla base. Very refined. Eau de parfum, £110, [www.florislondon.com](http://www.florislondon.com)

## 2 MADARA MOONKISSED TINTING LIPGLOSS

With antioxidant rose hip, cocoa butter, beeswax and plant minerals, this nourishing lip-dresser delivers a hint of pink and a satin sheen (not that high-shine finish hair gets stuck in). £10, [www.amarya.co.uk](http://www.amarya.co.uk)

## 3 MELVITA SHAMPOO FOR TIRED HAIR

If you have a sensitive scalp and suffer conditions like eczema and psoriasis, try this natural range. The shampoo has a gentle foaming base, natural energisers like sage and geranium to lift fatigued hair, but no irritant sulphates. £9 (200ml), 0800-138 7045

## 4 MOLTON BROWN PARADISIAC PINK PEPPERPOD BATH & SHOWER

The perfect early-morning hit, infused with aromatic oils and warm pink pepperpods from the Gulf of Guinea. Tip on to a natural bristle body brush and sweep upwards to stimulate circulation and senses. £17, [www.moltonbrown.co.uk](http://www.moltonbrown.co.uk)

## 5 YLLUME ULTIMATE ILLUMINATING COMPLEX

This has an impressive ability to improve skin radiance, elasticity and diffuse hyperpigmentation. The formula is a blend of antioxidants and active brightening compounds that are delivered quickly via the bloodstream - perhaps the key to its effectiveness. £54, 020-8133 5786; [www.yllume.co.uk](http://www.yllume.co.uk)

## 6 SARAH CHAPMAN SKINESIS BOOSTER

Developed to address different skin issues, these serums (there are seven in the range) are highly absorbent and dispel signs of stress, fatigue and dehydration. Overnight Exfoliating Booster is ideal for those who like non-abrasive exfoliation. Use the booster alone or beneath regular face cream. £48, 020-8740 2085; [www.spacenk.co.uk](http://www.spacenk.co.uk)



## THE LADY Q&A

### Red lip colour revisited

One reader longs to return to bolder lipstick, but has worn pale pink for so long she has lost the nerve. There is a way to re-introduce a bright pink or red and it is surprisingly easy. Just look for lip colour (so in stick or gloss form) with less pigment and a sheer finish. I recommend Clinique Colour Surge Butter Shine Lipstick (7, left), £14.50, [www.clinique.co.uk](http://www.clinique.co.uk)

**EMAIL QUESTIONS** to Kate at [beauty@lady.co.uk](mailto:beauty@lady.co.uk). She will answer as many as she can and we will print a selection here.