

## CAN YOU FEEL THE FORCE?

January 23 2013 | by Eleanor Tucker

*Just because you have a favourite moisturiser, it doesn't mean to say it's going to perform in the same way every day. You might have been out in the cold weather and need extra comfort, or be feeling hormonal and need some balancing. So what is a girl to do?*

Well, you don't need to rush out and buy a new moisturiser – just supercharge the one you have. I am obsessed with my collection of boosters that I am mixing with my current favourite day cream (Thalgo's Collagen Cream, since you asked), depending on how my skin is feeling. Can I convert you? Here are my top five.

The booster that got me into this idea in the first place was **Yon-Ka Hydralia** (£43). This is just perfect when you have that taut feeling central heating can give your skin. It's most unassuming, being almost water-like in consistency and smelling of fruit liqueur – but goodness me does it deliver. I've even put drops in my hand cream after I've been out in the cold to shake off that 'tight glove' feeling.



**Sarah Chapman Intense Hydrating Booster** (£57) is a thicker, silky consistency and I love adding three smooth drops to my moisturiser when I need to feel 'plumped up'. Created with long haul flights in mind, it contains hyaluronic acid and soothing rose water to blur away fine lines and crepiness. Pure luxury.

