

THE FIRMING AGENTS

THE NIGHT CREAM Forever Youth Liberator Night Crème, £60, by **YSL**. Plumps the skin to pillowy proportions whilst you sleep. Yes, it's that easy. **THE DAY CREAM** Capture Totale Multi-Perfection Cream, £127 by **Dior**.

Thickens up thin skin brilliantly. A worthy investment. **THE EYE CREAM** Eye Lift, £48, by **Eve Lom**. A top-notch under-eye firmer with an added retinol boost, this is your salvation when those bags make you want to cry.

THE SPF Plantscription SPF 25 Anti-Aging Cream, £46, by **Origins**. A great multitasker. Sunscreen that also tightens sagging skin.

THE BODY SCULPTOR Firm, Baby, Firm, £55, by **Bliss**. Especially good on bottoms. No need to clench anymore. **THE TREATMENT** Stem Cell Collagen Activator, £245 for four 10ml vials, by **Sarah Chapman**. These snappy vials contain botanical stem cells and peptides, which kickstart collagen when mixed. Clever stuff.

THE SERUM Absolve Sublime Regenerating Oleo-Serum, £150, by **Lancôme**. A few drops of this silky serum puts the spring back into skin. Light by day, hydrating by night. We love. ▷

