



ELLEbeauty



THE SKINCARE OBSESSIVE EMMA STRENNER, BEAUTY DIRECTOR



Skin: Combination.

Hair: Fine, but a lot of it.

Where do you shop for beauty? All over! Space NK,

Selfridges, Liberty, Feel Unique and any pharmacies I come across during my travels whether I'm in Tokyo, Paris or New York.

Which skincare products do you use every day? I use Clean Skin 5-in-1 Water, £21, by This Works as soon as I get in from work to take the day off. Morning and night I have been using a cleanser by a new brand called Aurelia – it is one of the best I've ever tried – I use it with a muslin cloth and warm water. I swear by All Day All Year, £222, by Sisley (the Rolls-Royce of day creams), which I layer over Skinesis Stem Cell Collagen Activator, £245, by Sarah Chapman. At night I layer The Moisturising Soft Cream, £100, by Crème de la Mer over a cocktail of serums.

What are your top bath or shower treats? Splendidly Silky Moisturising Shampoo and Conditioner, £14 each, by Percy & Reed. And I always

Oils in the shower: Revive Morning and Support Equilibrium, £37 each.

Which are your favourite fragrances? Eau de Campagne EDT, £75 for 100ml, by Sisley for summer, Voyage d'Hermès EDP, £87 for 100ml, by Hermès for winter days; I always go back to No19 EDP, £65 for 50ml, by Chanel for work.

Any must-book treatments? I go to David Barton for a Signature Manicure, £37 for 60 minutes, at Percy & Reed; enq (020) 7637 4634. I see Su-Man at W London's

Away Spa for a Signature Facial, £200 for 60 minutes; enq (020) 7758 1071. I try to have a massage with Nicole at Twenty Two Training at least every fortnight, £120 for one hour; enq (020) 7581 2234. She is a magician

with aches and pains.

THE FRAGRANCE FANATIC ALICE WIGNALL, CONTENT DIRECTOR



Skin: Normal to sensitive.

Hair: Dry and frizz-prone.

My beauty mantra: Mix and match, don't spend a fortune, and if it doesn't work for you, don't use it.

What is your day-to-day skincare regime? I try to keep my routine simple because I've found that the less I do to my slightly sensitive skin, the better it is. I use Cleanse & Polish Hot Cloth Cleanser, £12.75, by Liz Earle, and I always make sure my day cream has an SPF in it – at least factor 15.

Which are your favourite fragrances?

I am a perfume obsessive and I have a big collection. Most-worn at the moment are Les Exclusifs de Chanel Sycomore EDT, £105 for 75ml, by Chanel, Vol de Nuit Parfum, £198 for 30ml, by Guerlain and Ormonde Woman EDP, £80 for 50ml, by Ormonde Jayne. Chanel Sycomore was a chance discovery – someone in the office was wearing it and I had a real 'What is that?' moment. It's a wonderful smoky, woody scent – it seems comforting and sophisticated whenever I wear it.

Any must-do treatments?

I usually give myself a manicure once a week – often on a Saturday or Sunday evening when I'm watching something rubbish on TV. I swear by Seche Vite Dry Fast Top Coat, £10.95, by Seche – it makes my manicure last all week. Original Nail Envy, £18.65, by Opi really works when your nails are a bit weak or split. And I love polishes by Essie, Revlon and Chanel. ▶

IN EMMA'S MAKE-UP BAG

ORIGINAL SPF 15 FOUNDATION

£24, BY BARE MINERALS; FOR MORE COVERAGE, I USE FOUNDATION £62, BY SUQQU

HYDRALIFE BB CREAM

£44, BY DIOR, FOR WHEN I'M LOOKING TIRED

EYE BRIGHTENING MASCARA

FOR BROWN EYES, £7.99, BY MAX FACTOR, OR MASCARA SINGULIER WATERPROOF IN VIBRANT BLUE, £23, BY YSL

TOUCH-EXPERT

ADVANCED CONCEALER £28.50, BY TERRY

IN ALICE'S MAKE-UP BAG

PERFECTION LUMIERE FLUIDE FOUNDATION

IN BEIGE ROSE, £36, BY CHANEL – GOOD FOR MY PALE BUT PINK-TONED SKIN

BLUSH

IN DEEP THROAT £21, BY NARS

SHOCKING FALSE LASH EFFECT EYELINER

£24, BY YSL

BRUSHES

FROM £8, BY MAC

'Our skin is most reactive at night when it repairs'

EMMA'S BEST BUYS OVERSEAS



USA MAYBELLINE INSTANT AGE REWIND ERASER DARK CIRCLES CONCEALER



FRANCE BOIRON OSCILLOCOCCINUM PILLS TO STAVE OFF COLDS, EMBRYOLISSE ESSENTIAL DRY SKIN BALM, BOIRON HOMEOPLASMINE LIP TREATMENT



JAPAN CLEAR BAGS AND CONTAINERS FROM TOKYU HANDS IN TOKYO

