

*Secret skin prep



Radical Skincare Instant Revitalizing Mask, £40



La Roche-Posay Nutritic Intense Riche, £16

AS RECOMMENDED TO US

'It's important to update your daily skincare regime to stay on top of your environment, explains NY make-up artist and all round skin-spiration guru Gucci Westman. 'Currently, I'm trying several different products, including exfoliating pads by Radical Skincare, £65, and a Parisian/Japanese skincare brand called Evidence. Westman is the kind of woman whose advice you listen to; her glowing skin speaks for itself. One brand she's always backed is La Roche-Posay, and their latest wonder product, Nutritic Intense Riche, £16, is likely to be the transformative fix your seasonally distressed skin has been crying out for. Co-founder of BeautyMART (a rare gem found in London's Harvey Nichols), Anna-Marie Solowij swears by Dr Jackson's Face Oil, £55, which is packed with baobab, marula, calendula and arnica. 'This has seen me through the winter without the kind of chapped skin that nearly everyone else seems to have suffered from. Fellow beauty insider Emma Strenner loves Aurelia Revitalise and Glow Serum, £47 for the same skin-saving reasons. 'It's become the product I rely on most each morning, she says.

OUR FAVOURITE NEW FASHION WEEK FINDS ARE

The busy backstage environment of fashion week is where the best new tricks and products are always to be found. As well as identifying trends as they happen, we're also keeping a keen eye on the products models, make-up artists and our international counterparts are using. This season has been no exception, with several new skin heroes shining through. This Works In Transit Camera Close-up, £30, a soothing mask, moisturiser and primer in one, was spotted in just about every backstage make-up kit - and is now obviously in ours. Use it to boost tired skin and prep before make-up in one simple application. Previously the prize of those hallowed Parisian pharmacies, thankfully now here in the UK and stocked at BeautyMART

Coup d'Eclat Lifting Ampoules, £36, were discovered to be the secret of many a glowing complexion backstage at LFW. 'It's one of those products I've seen make-up artists rely on time and again to instantly revive a girl's skin before a shoot or show. I used it every day over LFW and people commented on how good my skin looked, says Anna-Marie Solowij. The latest super-saving mask to make its way on to the show circuit is Astalift Intense Replumping Moisture Mask, £10. It's a firm favourite with make-up artists who need to quickly hydrate and soothe the models' tired skin, and those who travel a lot find it has the most amazing effect, no matter how dehydrated skin is.



This Works In Transit Camera Close-up, £30



Sunday Riley Effortless Breathable Tinted Primer, £38



Coup d'Eclat Lifting Ampoules, £36



Revlon Skinlights Face Illuminator, £11.99

flash

Try this glow-giving cocktail:
 apply James Read Sleep Mask Tan, £25, overnight. In the morning, apply Sunday Riley Effortless Breathable Tinted Primer, £38. Next, dab Revlon Skinlights Face Illuminator, £11.99, over nose, cheekbones and forehead.

*Invest in...



Sarah Chapman London Skinesis Neck and Chest Rejuvenating Complex, £54



Sisley Botanical D-Tox Night Treatment, £134



Lipstick Queen Oxymoron in Free Ride, £20

Ole Henriksen African Red Tea Exfoliating Lip Salvation, £11

FOR FACIALS: the Illuminator Standard Facial at the Dr Michael Prager clinic is responsible for the radiant complexions of the *Grazia* beauty desk (020 7323 3660).
SAVE UP FOR: Sisley Botanical D-Tox Night Treatment, £134, is well worth the investment. Sisley Supremya Night Cream, £460, is eye-wateringly expensive, we know, but the overnight anti-ageing effects take our breath away each time we (sparingly!) use it. Sarah Chapman - the facialist we beauty insiders turn to at the first sign of skin troubles - also has her own range. Skinesis Neck and Chest Rejuvenating Complex, £54, is dollar well spent (sarahchapman.net).
STAPLES: lip balms are to beauty editors what jeans are to fashion editors. Among our favourites are Lipstick Queen Lip and Cheek Colour, £20, and Ole Henriksen African Red Tea Exfoliating Lip Salvation, £11.
WE SHOP AT: BeautyMART in Harvey Nichols, London (thisisbeautymart.com); Ricky's, New York (rickysnyc.com).