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WHETHER you're tired and run-down, experiencing breakouts or merely in need of a skin treat, a good facial is the perfect way to make yourself look and feel much better. We decided to do the research for you to establish which are the city's very best facials - whatever your skin concern might be.

From relaxing, pampering skin-soothers to thorough and technological treatments that leave no blackhead unsqueezed - we've visited super-facialists such as Una Brennan, Sarah Chapman and Debbie Thomas as well as revealing the ultimate beauty brand facials.

Just click through the images to see 10 of the very best.



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Sarah Chapman Skinesis Bespoke Facial

Down a quiet street, behind an inconspicuous door and up a steep staircase lies Sarah Chapman's Skinesis Clinic - the home of arguably one of the best facials you'll ever have.

For one thing, Sarah's own skin is flawless - a true testament to her skills. She begins by examining your skin under a microscope and devising a treatment plan based upon your specific needs. Highlights of our treatment included red LED light therapy (we defy you not to fall asleep), the application of her own, hand-blended products, and Sarah's impressive manual lymphatic drainage techniques - an initially startling routine of slapping, pinching and pummeling which results in dramatically reduced puffiness and sharper cheekbones than you ever knew you could have.

And you certainly get your money's worth - we asked as many questions as we possibly could and Sarah's invaluable tips are still paying dividends.

From £160, visit www.sarahchapman.net for details.

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