



ALBERTA FERRETTI
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To achieve a beautiful look with make-up, there's nothing you need more than well-prepped skin: a dull, dry complexion will only look more obvious with foundation piled on it. So first off, to boost your skin's radiance and improve its texture, try Omorovicza's Copper Peel (£82 for eight applications, net-a-porter.com). The two-phase treatment involves a calming copper paste followed by an exfoliating lactic-acid liquid, which work within three minutes to give you a fresh-from-the-facialist complexion. Once you have washed it off, pat your skin dry and spritz your face with a hydrating spray. Chanel's new Hydra Beauty Essence Mist (£44, boots.co.uk) is beautiful to use: refreshing yet deeply hydrating. While your skin is still a little damp, warm four drops of Beauty Oil by RMS (£60, beingcontent.com) in your palms and massage it into your face until it's absorbed. If your skin is very dry, pat a little moisturiser on to your cheeks and forehead. Finally, apply your make-up as usual, but beware: your skin will feel so great that you may want to skip the foundation altogether.



I-SPIED

ANNA MURPHY | Editor

'Recommended to me by a make-up artist, the **Kevyn Aucoin Precision Brow Pencil** in Brunette has changed my life. Well, my eyebrows anyway. The perfect texture, the perfect shade! £19, from uk.spacenk.com

For more I-Spied products visit telegraph.co.uk/ispied

Top Notes

We always expect good things from the perfumer Lyn Harris, and her new scent, **Le Petit Grain**, doesn't disappoint. As it uses every part of the orange tree – the leaves, the flowers and the fruit's peel – this summery cologne could easily be sweet, but the inclusion of rosemary and vetiver creates beautiful depth. £95 for 100ml; millerharris.com



BEAUTY WISE

- **Skinesis Overnight Hand and Nail Treatment** by Sarah Chapman £35; victoriahealth.com

The claim An overnight treatment to target age spots, loss of volume and crêpiness.

The verdict Best described as a night cream for your hands, this oil-based serum is the sort of product you don't think you need until you try it. After a couple of weeks of a new nightly ritual (two pumps massaged into the hands and nails), we saw

a definite improvement in the skin's texture and appearance. Wrinkles looked less noticeable and the nail beds much healthier. We even used a drop on the cuticles during the day for extra nourishment. Despite including eight wonderfully fragrant oils, the product doesn't leave your hands greasy: it sinks in right before your head hits the pillow. This really is luxury hand care at its best.

