

# SAVE OUR SKIN!

Fast fixes for post-holiday trouble spots

**Aveda Foot Relief** not only makes feet fresher, it also moisturises and helps smooth rough skin with fruit acids. £19, [aveda.co.uk](http://aveda.co.uk)

**Clinique Dramatically Different Moisturizing Lotion** has long been a trusted face cream for countless fans (it is the top-selling women's skincare product in the UK) and its new formulation is even better. The **Lotion+** gives increased moisture and improved protection against environmental attack. From £17, [clinique.co.uk](http://clinique.co.uk)

If I could dip my entire body into a giant vat of **Burt's Bees Ultimate Care Hand Cream**, I would be ready for anything. It restores instantly, leaves no sticky or greasy film, rubs in perfectly and smells great into the bargain. £8.99, [burtsbees.co.uk](http://burtsbees.co.uk)

I use the brilliant **Sarah Chapman Skinesis Overnight Hand & Nail Treatment** oil whenever my nails and cuticles look dry and brittle. It is a restorative blend of eight nourishing oils. £35, [sarahchapman.net](http://sarahchapman.net)

The neck is often the first area to lose its youthful charm, especially at the tail end of summer. Step forward **Clarins Extra-Firming Neck Anti-Wrinkle Rejuvenating Cream**, which works its magic with a high-tech blend of plant extracts. £44, available nationwide from Thursday

I spent a few days in Cornwall over the summer with my children, dehydrating my body in sea water and mud flats (quite a sight). The new **Nuxe Nirvanesque** range of properly hydrating moisturisers came to my rescue day and night. From £19.50, from selected Marks & Spencer branches nationwide

Made in Somerset using British plant extracts, the wonderful new **Green & Spring Repair & Restore Body & Bath Oil** includes evening primrose, calendula and chamomile in its gentle, nourishing formula. £30, [greenandspring.com](http://greenandspring.com)