



by Paddy McGurgan

As we grow older, the effects of ageing, combined with the stresses of everyday life, can creep up on us and gradually take their toll on our once radiant, smooth faces.

Nowadays, most of us feel the pressure to stay looking young and fresh, like the beautiful Kelly Rutherford, for as long as we can, although not so many of us want to go under the knife or fork out thousands for painful injections and chemical peels.

However, this shouldn't stand in the way of you and that youthful, glowing wrinkle-free skin we all deserve.

How can that be done? Well, with such a multitude of anti-ageing lotions, creams and serums on the market, each promising more impossible benefits than the last, it can be a tough task to know where to start – what really works? Well, panic over, because I've done the leg work for you and created my guide to skin perfecting, anti-ageing products. So get ready to say goodbye to those tell-tale signs adding years to your age and prepare to look younger, radiant and beautiful, just like Kelly.



▲ **Elemental Herbology Bio-Cellular Matrix Serum**, £44

Radiant reactions

Elemental Herbology have done it again. The award winning skincare brand has created two new products, combining the latest anti-ageing technology to achieve the best results for your skin.

The Elemental Herbology Bio Cellular Matrix Serum provides the ultimate nutrition that maturing skin needs. This essential age support serum – with low molecular weight to ensure increased absorption and optimum nourishment, hydration and protection – will achieve luminous, smooth and hydrated skin.

Elemental Herbology's Cell Active Rejuvenation visibly improves radiance with its active skincare technology to support against the signs of ageing. The product's active ingredients are clinically proven to plump, firm and repair the skin, actively eliminating visible signs of ageing. Available at Space NK, Belfast.

Peeling perfection

Murad's Intensive C. Radiance Peel is the latest facial peel to hit skin care counters and is a serious step up from its competitors. This easy-to-use, at home peel helps to target hyperpigmentation and boost the radiance of the skin. The one-step peel efficiently exfoliates, removing dullness, and protects against radical damage whilst enhancing skin clarity and luminosity, effectively making the skin look and feel younger. With the product's powerful combination of natural

▲ **Murad Intensive-C Radiance Peel**, £49.50



▲ **Sarah Chapman Skinesis Overnight Facial**, £45

Sneaky sunshine

The sun's warm rays which help you tan are also one of the most damaging and powerful ageing factors to your skin – we all know this

and yet many of us still love to lie out for hours and bake in the sun with no form of protection. Whilst a tan might last a few weeks, the aging effects last years, so protect against them with Racinne Ultimate Youth Power Lotion. The special formulation of Korean ginseng extract and hyaluronic acid will hydrate your skin in the heat, while helping to eliminate fine lines and age spots.

Overnight bliss

Sarah Chapman's Skinesis overnight facial brings true meaning to the phrase 'beauty sleep'. Massaging this light, yet luxurious cream on to the face and leaving it overnight

will give your skin a nourished and rejuvenated, youthful feel. With the gorgeous scent of jasmine, frangipani rose and tuberose, it's the perfect addition to your evening skin routine, ensuring you wake up with a fresh and radiant glow. Available at Space NK, Belfast.

See the light

YSL Forever Light Creator leaves the skin beautifully radiant and evens out the complexion, illuminating the skin from within and giving lasting perfection. Its unique formula works with the skin's light sources; relief, colour and transparency, to create a subtle illumination for all complexions. A definite must-have for those with dehydrated, dull skin.



▲ **YSL Forever Light Creator**, £61

To book Paddy for your own make-up consultation call Fashion Pharmacy, tel: 028 9032 4437 or email style@fashionpharmacy.com

► **Racinne Ultimate Youth Power Lotion**, £46

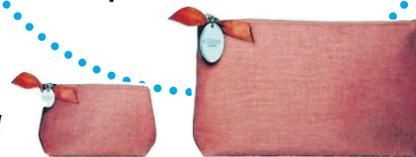


RADIANT SKIN: Kelly Rutherford

Roll back the years
Kelly Rutherford

Budget buy

Cosmetic bags & money purses are handbag essentials and Chloé have designed these two gorgeous pouches to keep everything neat and orderly. The bright, fresh colour is an instant reminder of the summer. Days of digging for lipsticks and loose change are finally over and, what's more, they are free with any Chloé fragrance (50ml) and above at The Perfume Shop, from this Tuesday until September 22.



Smart and Sexy

Gently tap the serum of a Vitamin C Overnight Repair Radiance Capsule by Super Facialist Una Brennan onto cleansed skin in the evening and wake up to a beautifully revitalised and renewed complexion. Quickly absorbed, this one-shot treatment uses concentrated potent L-ascorbic acid and licorice to repair, brighten and soften skin. Costing £21.99 for 28 capsules, it's available from leading Boots stores, boots.com and superfacialist.co.uk

