



THE PERFECTING SCRUB
Resurface & Refine Ultra Polish
 £12 sanctuary.com – gently scrubs away dryness.



THE ORGANIC CANDLE
Luxury Organics
 from £39.50
 neomorganics.com – clean-burning candles with subtle natural scents.



THE REFRESHING SPRITZ
Happy Mist Light Bed & Body Perfume £15
 Rituals – a zesty, refreshing treat that you won't be able to stop spritzing (we can't!).

bath

PAMPER YOUR WAY TO A HAPPY BODY



THE LUXURY TREAT
Skinesis Overnight Hand And Nail Treatment £35
 sarahchapman.net – this is super nourishing yet somehow absorbs in seconds. Plus, it has the most incredible, addictive scent of rose and frangipani.



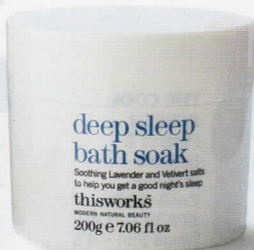
THE NOURISHING BUFF
Spa Home Frangipani Mono Salt Glow £36.50
 Elemis – intensely nourishes skin while smoothing.



BATH-TIME UPGRADE
Inner Strength Bath And Shower Oil £39
 Aromatherapy Associates – happiness and calm in a bottle.



THE HEAVENLY SCENT
Divine Oil £27
 Caudalie – intensely moisturising yet non-sticky, it leaves behind the sexiest scent you can imagine, with floral, woody notes that last.



THE SLEEP INDUCER
Deep Sleep Bath Soak £22
 thisworks.com – lavender and chamomile send you off to the most restorative night's sleep.



THE LATHER EXPERIENCE
Moroccan Rose Otto Body Wash £17
 renskinicare.com – with its irresistible rosy smell and sudsy lather, your shower experience just got a lot better.



THE BEAUTY OIL
Tropical Blooms Nourishing Beauty Oil £7.50
 Mandara Spa – treat skin with this affordable rosehip and jasmine bathroom essential. ▶