



# Beauty

## Lesley Thomas

### And so to bed – just don't forget the night cream



Advanced Night Repair (£44; [esteelauder.co.uk](http://esteelauder.co.uk)). This is the trusted friend every other beauty editor won't go without.

After that, any nice, rich moisturiser would probably do. Elemis Pro-Collagen Oxygenating Night Cream is rocking my world so much at the moment that I will overlook the fact that they have made up a verb (£95; [timetospa.co.uk](http://timetospa.co.uk)).

Every now and again, a night mask is a real treat for your skin. If you are loaded, you could put your name down for La Prairie's Skin Caviar Luxe Sleep Mask (£204, available from October; [laprairie.com](http://laprairie.com)). It's pretty damned effective, but then it should be, at around the same price as Botox. Aromatherapy Associates (for me, the best of the aromatherapy brands – Gwyneth, left, uses it) has a great Overnight Repair Mask (£51; [aromatherapyassociates.com](http://aromatherapyassociates.com)). It has a smoothing effect and smells sort of virtuous (rose, frankincense).

Night-time is the right time to crack open the facial oils. After any sort of dehydrating activity (sun, air conditioning, tequila shots), I like Decléor's Aromessence Nérolí Super Serum (£44; [decléor.co.uk](http://decléor.co.uk)), which is good for all skin types.

When I am really following the rules of the beauty gurus, I slather my hands and feet with extra layers of moisturiser. If you are a proper beauty loon, you will also put on bed socks so that your feet get slow-cooked and tenderised overnight in Palmer's Cocoa Butter (£3.25; [boots.com](http://boots.com)). Any moisturiser will do for this marginally insane ritual. I like Sarah Chapman's Skinesis Overnight Hand and Nail Treatment (£35; [sarahchapman.net](http://sarahchapman.net)). ■

**Proper beauty loons also put on bed socks so that their feet get slow-cooked in moisturiser**

## Prue White's hotlist Eyeliner



Dolce & Gabbana

The easiest to apply is Maybelline's eyeliner with dual-sided applicator. For a flick with staying power, try Laura Mercier's Longwear Pencil. Or embrace the grunge look with Nars' Eye Paint (doubles as liner and shadow).



Kevyn Aucoin Precision Liquid Liner in Carbon Black, £24

Stila Stay All Day Liquid Eye Liner in Intense Black, £13

Bobbi Brown Long-Wear Eye Pencil in Black Chocolate, £18

Topshop Eye Glean in Noir, £9

Maybelline New York Eye Studio Master Duo Eyeliner, £5.29

Nars Eye Paint in Black Valley, £18.50

Paul & Joe Liquid Eyeliner in Sepia Brown, £18

Laura Mercier Longwear Crème Eye Pencil in Noir, £16.50

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