



**SHOW US YOUR  
BARE-FACED SHOTS**

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#BareFacedChic for  
a chance to appear in  
our online gallery

When using serum, wash  
your face with tepid water  
- cold water closes pores. Plus,  
damp skin helps absorption  
by up to 10 times.

## 5 TACKLE YOUR PUFFY PEEPERS

A couple of slicks of Touche Éclat may be your usual go-to solution for puffy eyes, but try this trick by Su-Man instead. Firstly, forget applying ice cubes to your eyes ("anything too cold will cause broken capillaries"). Instead, stew a green tea bag for a few seconds then pop it in the fridge. Once it's cool but not cold, put it on your eyes for a few minutes to reduce puffiness. "Also pop your eye cream in the fridge for a few minutes," says Chapman. Cool.



**Clinique  
Repairwear  
Laser Focus  
Wrinkle  
Correcting  
Eye Cream,**  
£30

## 6 APPLY A FINAL FLOURISH

Try this failsafe tip to get your skin looking high-definition perfect. "For enhanced results at home, layer a serum under your face mask," says Chapman. "Masks form a layer on the skin so any serums applied underneath are literally pushed in by osmosis." Now that's clever.



**Sisley  
Black Rose  
Cream Mask,**  
£93; **Sarah  
Chapman  
Age Repair  
Serum,** £47

## FACIAL EXPRESSIONS

Nabbing an appointment with the world's best facialists is as hard as getting a straight answer from a politician. Here's how to jump the wait list

**SARAH CHAPMAN**  
sarahchapman.net

**Signature facial:** Chapman's 90-minute facials incorporate massage, extraction, a mild peel and a dozen little secret touches that make skin as glowy as a Hawaiian sunset.

**Jump the queue:** Sarah often has a six-month waiting list. Try Phillipa, Sarah's right-hand woman. Or ask for a Wednesday morning appointment. From £125 for 90 minutes

**GEORGIA LOUISE**  
georgialouise.co.uk

**Signature facial:** Snuggle up under a blanket for a 75-minute treatment, which includes a foot massage, facial massage and home-made organic products.

**Jump the queue:** Georgia may be based in NYC but she has a secret UK base in Knightsbridge. Ask for a weekday appointment. From £195 for 75 minutes

**SU-MAN**

wlondon.co.uk/away-spa

**Signature facial:** Expect 60 minutes of facial shiatsu (plus a massage for neck and shoulders) with the tenderest extraction and Su-Man's home-made 'secret' products.

**Jump the queue:** Su-Man used to only do facials from a secret North London address. Now catch her on Thursdays at W Hotel. Book quickly, though! From £200 for 60 minutes