

Edited by Rebecca Newman

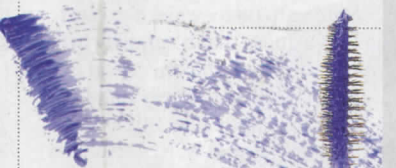
# ON THE LASH

Mascaras that really leave their mark

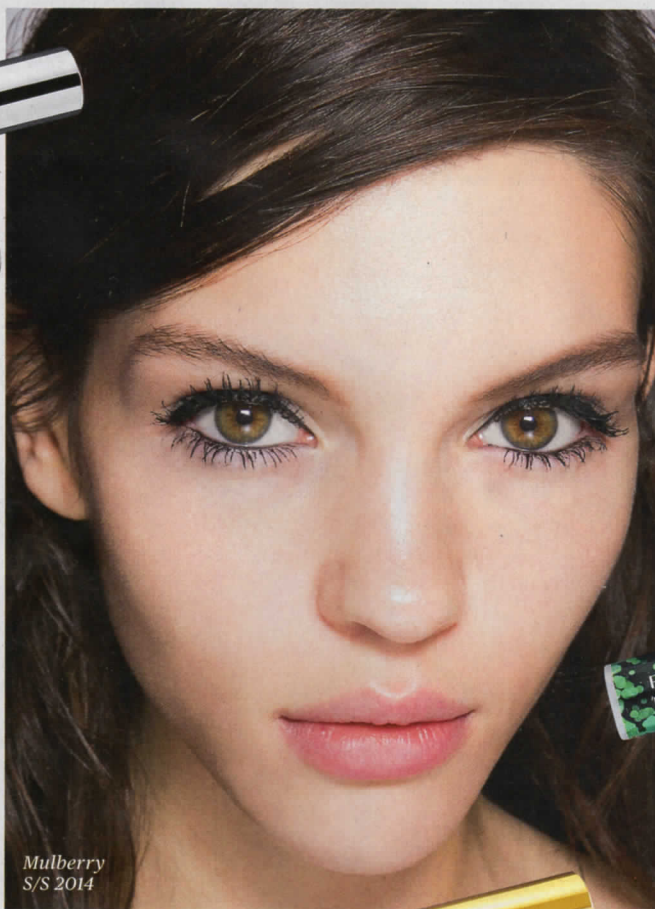
**DIOR**  
*Diorshow Iconic Overcurl*  
The extra-curve brush gives – you guessed it – extra-curve lashes. £23, at [houseoffraser.co.uk](http://houseoffraser.co.uk)



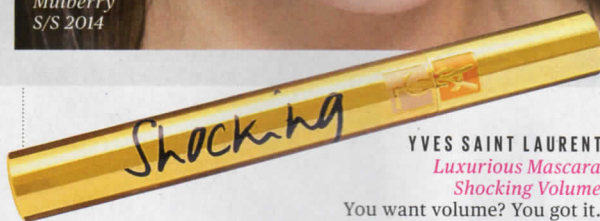
**GIVENCHY**  
*Phenomen'Eyes*  
The ball-shaped wand leaves lashes looking longer and beautifully separated. £22, at [houseoffraser.co.uk](http://houseoffraser.co.uk)



**MAYBELLINE**  
*Color Shock*  
Great in black, but the pigments in this mascara make it an inexpensive way to try brilliant blue lashes. £5.99, at [superdrug.com](http://superdrug.com)



Mulberry S/S 2014



**YVES SAINT LAURENT**  
*Luxurious Mascara Shocking Volume*  
You want volume? You got it. £23, at [debenhams.com](http://debenhams.com)



**BENEFIT**  
*They're Real! Mascara*  
If you aren't a fan of lash extensions, this brilliant, best-selling mascara has a similar effect. £19.50, at [johnlewis.com](http://johnlewis.com)



**REVLON**  
*Lash Potion*  
This dandy protein-rich formula makes your lashes appear thicker and strengthens them. £7.99, at [boots.com](http://boots.com)



**RIMMEL**  
*Scandaleyes*  
The bargain choice for a full, fat flutter. £6.99, at [superdrug.com](http://superdrug.com)

## YOU BEAUTY!



ANNABEL RIVKIN'S CABINET OF WONDERS

Scaly winter skin is bad for self-esteem. Sure, you're still slapping something on to your cheeks but what about your tummy and thighs? Your shoulders and bottom? The bits of you that were lavished with love during the summer months must be feeling confused as they are left to go lizardy. 'No one will see them if I wear opaques and turn the lights off in bed' is the reasoning. Let's not even discuss 'body dandruff'. But you know what I'm saying... and it's depressing. Sarah Chapman, youth-giving facialist, has turned her gimlet gaze to the rest of our bodies. Her Skinesis Overnight Facial is a blend of oils that

delivers hope and hydration while you sleep, and here we have its cousin, the Overnight Body Treatment. It's heady stuff – bubblegummy with jasmine, rose, frangipani and tuberose oils. I find it too scented for bed, but post-morning shower it glides on and gets sucked in – no need for scent.

*Seven oils labour to hydrate, protect and basically apologise to your skin*

Vitamin A tackles cellular damage, while vitamin C's collagen-boosting properties target sagging and pigmentation. Guarana is the enemy of cellulite, with fat-burning and draining powers, and a blend of seven oils labours to hydrate, protect and basically apologise to your skin for all the wear and tear – the sun that was and the wind that is and the ice that cometh. No need to give up – don't be a flake. Sarah Chapman Overnight Body Treatment, £49, at [uk.spacenk.com](http://uk.spacenk.com)

