



**SWEETLY DOES IT**

Get in the mood for a night out with a splash of **Dolce & Gabbana Intense Pour Femme** – a wonderful fragrance for evening, with tuberose, orange blossom and musky sandalwood base notes. (£64 for 50ml, at [houseoffraser.com](http://houseoffraser.com)) Amber Rose from

the new, natural perfume line **Shay & Blue** is a delicious warm floral with a base of white amber. (£30 for 30ml, at [fenwick.co.uk](http://fenwick.co.uk)) Or for a classic, seductive chypre scent, dab **Guerlain Mitsouko** behind your ears. (£52 for 50ml, at [johnlewis.com](http://johnlewis.com))

**SHINE BRIGHT**

For red-carpet events, skin specialist Sarah Chapman's clients such as Naomi Watts (right) book in for her **Skinesis High Definition Facial**. Its gentle lactic acid exfoliation, moisturising masks and rejuvenating LED light therapy have an instant tightening and brightening effect. (£140; [sarahchapman.net](http://sarahchapman.net)) Another A-list favourite (VB and Gisele swear by it) is the **Intraceuticals Rejuvenation Oxygen Infusion Treatment**. Nourishing serums are applied to the face and then blown or 'infused' into the skin with a draught of pressurised oxygen. Have it done the day before for the most impressive results. (£150, at [beautyworkswest.com](http://beautyworkswest.com))

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**READY FOR ACTION**

We love **Blow Ltd** (above), a new one-stop beauty shop in Covent Garden where you can have your hair, nails and make-up done at the same time. Pick from a range of looks: you could have a make-up artist give you seductively smoky eyes, then get an Essie manicure while having your hair whipped into a fishtail plait – all in 45 minutes, leaving time for a pre-party martini. (£50, at [blowltd.co.uk](http://blowltd.co.uk)) For the deluxe version, try **Neville Hair and Beauty Salon's** Christmas trimming service: hair is gently steam-straightened (unlike irons, this won't cause any damage) before being styled into the do of your choice. This is followed by a Real Diamond Manicure, which uses Swarovski crystals and real diamond fragments. (£350; [nevillehairandbeauty.net](http://nevillehairandbeauty.net))



**CHEEKY!** If there's a chance you might not make it home before tomorrow, check out **Bo Peeps'** fabulous selection of Wide Band thongs (best worn with a Butterfly bra, left), which are flattering to the waist, come in an array of bright colours and are available at half price. (£6.80; [bopeeps.com](http://bopeeps.com))

**MINTY FRESH**

You'll be so pleased you remembered them.



**YOU BEAUTY!**



**ANNABEL RIVKIN'S CABINET OF WONDERS**

I'm not talking about shimmer, glimmer or sparkle. Nor glow, gleam or sheen. I'm talking about glitter: actual showgirl, catwalk, beauty editorial glitter, with all the fearless twinkle that implies. So, if you can't take the heat, turn the page. MAC's Glitter Brilliants do not pretend to be anything other than full-on spangle. They are not suspended in a moisturising balm, they are not applied with a dinky little applicator. Oh no. They are free-spirited, slightly dangerous; tricky to control, but exuberant, joyous and effective.

There are two ways to skin this cat:

dust on the glitter (I do eyelids and also cheekbones – that way you highlight the architecture of your face while leaving a tiny calling card on everyone you kiss. Man in a suit with a rogue dot of glitter on his cheek? Good work) with a brush and allow it to migrate as it so chooses. But you'll need to reapply. Or, with a finger, press the glitter over

*They are free-spirited, exuberant and effective*



a creamy highlighter or sheer coating of something like Eight Hour Cream. It'll bind with the particles and hold them in place.

It works mixed with lip gloss, too, but I would advise against dusting your décolleté with it because that is when this stuff starts to read as tranny or plastered granny. I love the gold one: heaven for Christmas parties but also fresh on a summer's evening. And it lasts forever. And ever. Amen. **MAC Glitter, £17** ([maccosmetics.com](http://maccosmetics.com))