

## BEAUTY

# Peel & Reveal

Once the preserve of clinics, spas and salons, a new generation of DIY face peels is now available to soften and brighten your skin at home



A great face peel can diminish the appearance of fine lines, reduce pigmentation and quickly banish dryness and dullness to reveal a glowing, healthy complexion. The secret is to opt for a once- or twice-a-week formulation that contains a gentle enzyme to break down the bonds between dead skin cells, or a surface-acting acid like glycolic, lactic or salicylic that will banish dead skin cells, leaving behind a more fresh-faced you. **W**

**1. Sarah Chapman Skinesis Overnight Exfoliating Booster**, £57,

sarahchapman.net, will gently peel skin as you sleep due to its combination of retinol and lactic and salicylic acids

**2. Perricone MD Blue Plasma**, £78, perriconemd.co.uk, contains a salmon roe enzyme that peels away dead skin and softens, hydrates and calms

**3. Algenist Triple Action Micropolish & Peel**, £58.50, from beautybyay.com, has buffing beads and an acid so it performs well on oily skin

**4. Soap & Glory The Fab Pore 2-in-1 Mask and Peel**, £10, from Boots, with fruit enzymes and clay to deep clean

**5. REN Glyco Lactic Radiance Renewal Mask**, £30, renskincare.com, with lactic and glycolic acids to banish dead skin cells in ten minutes

**6. La Prairie Cellular 3 Minute Peel**, £144, may be costly but its mix of salicylic and glycolic acids give double the skin-smoothing results

**7. Sampar Equalizing Foam Peel**,

