

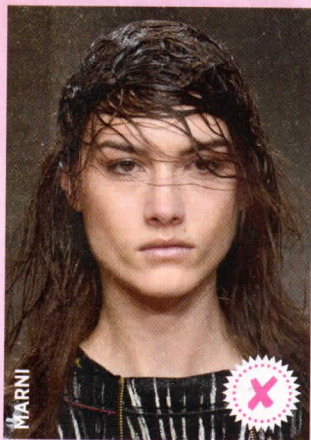
HOW TO LEAVE THE HOUSE WITH WET HAIR



PETER PILOTTO



Add some hair oil and create a strong side parting and a slick ponytail.



MARNI



It may be fashion but, er, no.

Psst!

"I LOVE TO WEAR GLAM GLOW

Super-Mud Clearing Treatment mask, £44.99, while I'm making dinner. I can honestly say it's the only time no one bothers me."

Millie Kendall, co-founder of BeautyMart



THE gold-standard MINI FACIAL



"I give myself this mini facial every night," says celebrity facialist Anastasia Achilleos.

"Remember, though, it's not just about what you are applying but how you apply it"

- 1 Fill the sink with warm water and add a few drops of lavender essential oil to get your senses tingling.
- 2 Use a soft exfoliator that doubles as a hydrator, such as Oskia Micro Exfoliating Balm, £46, and spend some time massaging it in.
- 3 Soak a facecloth in the lavender water and press it over your face,

inhaling the vapours.

4 Apply a thick face mask, such as Eve Lom Rescue Mask, £35, and massage it in using firm upward pressure with your whole palms. Remove with the water.

5 Apply night cream or face oil. Mix it in your palms and massage over your face, neck and chest, inhaling deeply. Ila Face Oil For Glowing Radiance, £75, is expensive but magic.



THE NEW LIGHT-SPEED SKINCARE PRODUCTS

Skincare used to promise results in 28 days. Not anymore...



★ 3 WEEKS ★
Olay Regenerist Luminous Skin Tone Perfecting Serum, £29.99. Brown spots are the toughest blighters to treat, but this delivers fast-forward-fading in as little as three weeks.

★ 2 WEEKS ★
Origins Plantcription Anti-Aging Eye Cream, £38. This little hero improves all eye concerns, like etched-in fine lines and dark circles, in a fortnight.



★ 30 MINS ★
Ren Instant Firming Beauty Shot, £36. Applying a few drops before moisturiser delivers dramatically smoother, tighter skin in minutes - and you can reapply through the day.

★ 2 MINS ★
Sarah Chapman Skinesis Rapid Radiance Cleanse, £29. Leave on while brushing your teeth - two minutes later you've had a detoxifying, brightening facial. Pow!



New app Priv helps you order anything from manicures to massages, direct to your home or office within an hour. Smart! Gopriv.com.

YOUR GROOMING-IN-PUBLIC NO-NOS? FLOSSING TEETH, FILING NAILS, PLUCKING EYEBROWS AND SPRAYING DRY SHAMPOO. JUST STOP IT.

42% OF YOU SAY THAT MASCARA IS THE ONE MAKEUP ITEM YOU WON'T LEAVE THE HOUSE WITHOUT WEARING

3 TIME-SAVING HAIR TRICKS

Half of you told us you want to reduce the time you spend styling. Here's how:

1 Catwalk stylist Guido instructs his models to go to bed with freshly-washed, damp hair. "The next morning, hair has natural movement you just can't recreate with tools."

2 "Pop into a salon for a 20-minute glossing. It gives rich, shiny tones and helps blend regrowth," says Siobhan Jones, art ambassador for Headmasters.

3 "Apply a hair mask in the bath - the steam helps the mask penetrate deeper," adds Siobhan. **Ojon Rare Blend Moisture Therapy Conditioner, £21.50**, only takes two minutes. ♦

