

**S**ay goodbye to serum and bid farewell to messy face masks. The latest craze taking the cosmetics world (and our bathroom cabinets) by storm is the skincare sticker. Designed to target either specific areas, such as puffy eyes, spots and open pores, or general issues like wrinkles and dark circles, there's something for everyone, whatever your skincare needs.

They're so easy to use you don't even need a mirror to apply - just stick them directly on to clean skin. This makes them perfect for frequent flyers, festival-goers and Friday-night party animals who need a quick desk-to-dance-floor pick-me-up. And because they tend to be transparent, your boss won't even notice that you've got a wrinkle-fighting patch fixed to your face! So what are you waiting for? It's time to get sticking.

## STOP-THE-SPOT STICKERS

### THE PROBLEM

Today's 24/7 lifestyles paired with fluctuating hormones mean that adult acne is on the rise, with women aged 30-plus now just as likely as teenagers to suffer from clogged pores.

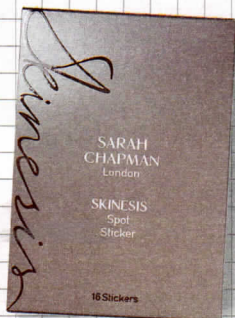
### THE STICKER SOLUTION

**Bioré Ultra Deep Cleansing Pore Strips, £7.99 for six**

With their blend of tea tree oil, menthol and witch hazel, these patches draw out dirt from pores, leaving it on the sticker when you strip it off. Yep, it's gross, but by getting rid of gunk, the strips prevent blackheads forming and can even reduce the size of pores if used regularly. And did we mention that tearing it off your nose is probably one of the most satisfying skincare experiences ever?

**Sarah Chapman Skinesis Spot Stickers, £19 for 16**

Swap unsightly spot cream for these pimple-busting plasters. Fighting flare-ups with an antibacterial blend of salicylic acid, vitamin C and soy, they heal, slow sebum production and reduce redness. Simply apply to the zit and leave as long as you can to disguise the spot as it heals. And the best bit? There's none of that crustiness some treatments leave behind.



# 'MODELS AT NEW YORK FASHION WEEK WERE ALL OVER THESE'

## PERKIER SKIN PATCHES

### THE PROBLEM

We all know that gravity is nobody's friend - especially as we get older. Put simply, age makes the whole face droop.

### THE STICKER SOLUTION

**Skyn Iceland Hydro Cool Firming Face Gels, £30 for eight treatments (four for forehead wrinkles and four pairs for smile lines)**

These bad boys only need to be slapped on once a week for 10 minutes at a time to firm and tighten. Cool to the touch, their infusion of Icelandic glacial water stops them sliding off skin, while texture-firming copper derivatives and radiance-boosting antioxidants like ginseng and tomato perk up droopy skin. No wonder the models at New York Fashion Week were all over them.

## BRIGHT-EYED ADD-ONS

### THE PROBLEM

The skin around your peepers is so thin that as it ages, it really struggles to hold on to moisture, meaning that the slightest sign of dehydration will make those crow's feet look 10 times worse.

### THE STICKER SOLUTION

**Elemis Pro-Collagen Hydra-Gel Eye Masks, £46 for six pairs**

Packed with moisture-boosting sea minerals that rehydrate and stretch the collagen network around your eyes, these improve skin elasticity in 20 minutes flat to banish the signs of tiredness. Ninety per cent of testers said their eyes looked less fatigued after using them just once.

**Shiseido Benefiance Wrinkleresist24 Pure Retinol Express Smoothing Eye Mask, £59 for two**

An anti-ageing powerhouse filled with pure liquid retinol. It takes just 15 minutes for this ingredient to penetrate into the skin for a plumper, smoother eye area. The masks can also be used to tackle laughter lines.



## LINE-REDUCING LABELS

### THE PROBLEM

Loss of collagen, too much sun exposure, DNA - you know the score - they all contribute to furrowed brows and laughter lines that are anything but funny.

### THE STICKER SOLUTION

**Jamela Luxurious Gold Crystal Collagen Lip Mask, £46.75 for 16**

These smile-savers are 100 per cent natural, made with plant collagen, hyaluronic acid and 24-carat gold to rejuvenate the skin. The molten-hued mouth masks iron out smile lines and puckered lips in as long as it takes to watch an episode of *Corrie*. Or leave them on until they dry out to ensure your skin has sucked up every last drop of gold.

**Realine Beauty Frown Line Patches, £28 for 30**

Although they don't contain any active ingredients, these hypoallergenic strips work by pulling your facial muscles tighter and smoothing lines for a virtual Botox effect while you sleep. In trials, 84 per cent of women said their foreheads looked smoother. FYI, Sellotape does *not* give the same results. **F**

