

Wonder facials

The new pre-party facials are for the skin what boot camps are for the body: you might not love every minute of them, but the results are a revelation. Vogue reviews the most impressive

The intuitive touch

Sarah Chapman Bespoke Facial, £150 for 90 minutes, 020 7589 9585

First things first, I am invited to a very detailed consultation with Sarah to devise a precisely tailored recipe. That's the luxury of the bespoke service she offers. Although she has various bits of technically up-to-date machinery, what she uses very much depends on the client, so for me she chooses to do things the old-fashioned way, and opts for massage, steaming and extraction, all the while using products from her own Skinesis range. Her massage technique is as brilliant as it is instinctive; her fingers dance over the skin, rolling in butterfly movements, tapping and lightly pinching, to work the muscles into submission. The lifting and smoothing results are instantaneous and leave you wanting more - I have already booked my next session.

FB

The facial for: any specific skin concerns that need a little more TLC.

Marks out of 10: 9

vogue **BEAUTY**

